

Empowering leaders

in creating thriving organisations

LEADERSHIP DEVELOPMENT

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Karen is a perceptive listener & progressive thinker who gave me valuable insights to facilitate a restructure of the business and change the way forward... she challenged me to become clear about execution of strategies that proved effective... I gained a tremendous amount from our sessions

Managing Partner

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Increasing employee engagement through effective leadership

Progressive leaders recognise the need to improve as a leader. It's a process that requires focus, support, and fine tuning. Only then can they develop their business's greatest asset: their people.

Organisations willingly make necessary investments in technology, R&D, and marketing. Yet human resources – which feature at the heart of every innovative and dynamic business – are sometimes left behind.

Today's successful businesses feature innovative approaches to staff motivation, retention and results. I can collaboratively partner with you in developing such approaches for your business.

I provide a range of individual and collective leadership approaches that support cultures of accountability and commitment.

Coaching programs for individuals and teams

My individual and collective leadership programs focus on your key assets: your leaders and your people. Tailored to provide the customised support and development you need, my programs will help drive your organisation to success.



Whether your focus is increasing employee motivation and productivity, enhancing interpersonal skill; or strengthening leadership effectiveness. I am here to partner with you.

Your coaching options

EXECUTIVE COACHING

Individual sessions assisting leaders in enhancing their leadership effectiveness that impacts their performance & those of their teams.

EXECUTIVE ASSESSMENT

Individual psychometric assessments that support greater self-awareness & insight, compared to others experience & perception of you.

GROUP COACHING

Sessions to support leaders in their skill development within a small group format.

LEADERSHIP PROGRAMS-INDIVIDUAL AND TEAM

Customised facilitated sessions to enhance individual, team & organisational effectiveness based on individual, collective & cultural assessments.

Proven Track Record

Sometimes the most effective support a leader can have is an attentive, independent and unbiased listener. A skilled consultant with significant experience, who has faced similar challenges.

With more than 25 years' experience working with both government and private organisations, I have such skills. Simultaneously supportive and challenging, I will enable you to shape and influence your leadership culture for your organisation by focussing on what matters.

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Karen Conaghan is an exceptional leadership coach. Her frameworks and approach are transparent and consistent.

I particularly appreciate how she respectfully challenges her clients to focus on behavioural change in addition to self-reflection and insight. She is adept at working with all levels of management from new team leaders to senior executives & can work across sectors including corporate, government and not for profit.

CEO, NGO

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Karen Conaghan is a master at executive coaching. She is experienced, driven and tenacious and has a very approachable and supportive style. She remains focused on achieving your successful outcomes.

Group Manager,
Energen

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Karen, many thanks again. I really enjoyed and found our coaching sessions hugely valuable, and they enabled me to look at myself and my career in a number of different contexts. I recently started as a Director and I am very happy to say there is a direct relationship between the work we did together and this occurring. I can strongly endorse Karen's insight and skills; she challenged me at every turn!

Director, PB Australia

